

Welcome to LAA

Love addiction comes in many forms. Some love addicts carry a torch for unavailable people. Some love addicts obsess when they fall in love. Some love addicts get addicted to the euphoric effects of romance. Others cannot let go of a toxic relationship even if they are unhappy, depressed, lonely, neglected or in danger. Some love addicts are codependent and others are narcissistic. Some love addicts use sex to manage feelings; others are sexually anorexic. What we all have in common is that we are powerless over our distorted thoughts, feelings and behavior when it comes to love, fantasies, and relationships. Still, there is hope. Through self-honesty, open-mindedness, willingness and the 12-steps of LAA, we can recover. We can grow and change in the sunlight of the spirit. Welcome to LAA. Welcome home!

